Track & Field Quarterly Review Index: Volume 93. No. 1, 2, 3, 4

Allen, G., Training for New Heights. 93:2,32

Alston, B., Quick Draw on the Track: Reaction Time and 100m Race, 93:1,11

American Running and Fitness Association, Recommendations for Avoiding Running Injuries. 93:2,62

Benson, T., Steeplechasing-The Art of Interrupted Running. 93:2,27

Bondarchuk, A., Classification of Exercises-Ten Year Career Program. 93:3,8

Hammer Throw-Point of View by G. Guerin. 93:3,8 Shot Put-Point of View by Y. Brouzet. 93:3,27

Discus Throw-Point of View by M. Thieurmel. 93:3,37 Javelin Throw-Point of View by J. Ritzenthaler. 93:3,48

Booth, D., Horizontal Jumping. 93:4,2 Burke, S., Basic Concepts-The Throws. 93:3,1

Butcher, M., Why Few Heroes Will Survive to Atlanta.

Crowder, F., S. Jolly, B. Collins, J. Johnson., 93:3,58 Dapena, J., Biomechanics of Elite High Jumpers. 93:4,25 Dales, G., Index: Volume 93. No.'s 1, 2, 3, 4, 93:4,63

Dell'Apa, F., Out of Africa...They Took Advantage of Climate and Terrain to Lead the World. 93:2,1

DeMondenard, J-P., Three Reasons to Warm Down. 93:2.34

Dobbins, B., Weak Teenagers. 93:2,6

Evans, B., Utilization of the Vertical Jump as a Measure of Muscular Efficiency. 93:4,48

Fern, E., Technique Progression Sheet-The High Jump. 93:4,32

Fraley, B., Billy Ray You Got to Pursue Those Marks.

Fraley, D., Vitaly Petrov's Vault Model. 93:4,44

Freeman, W., Commonalities in the Jumps-Technical and Training Element Comparison. 93:4,1

, The Vault-Mechanical Overview/Training Overview. 93:4,40

Galloway, J., Year-Round Training Program. 93:2,7

Gambaccini, P., Is There a Track & Field Doctor in the House? 93:4,56

Gillespie, J., Triple Jump. 93:4,20

Hart, C., Baylor University Sprint Relay Exchange Method. 93:1,56

, 200 Meters Training. 93:1,15 , 400 Meters Training. 93:1,23

Harter, L., Developing a Distance Training Program.

Hayes, D., Long and Triple Jump. 93:4,12

Heisler, R., Weight Training for All of Track & Field. 93:4,50

Henson, P., Long Jump Technique and Training. 93:4,9 Hoskisson, J., Sprint Start. 93:1,13

Hoskisson, J., L. Korchemny, Strength Training for Sprinters. 93:1,60

Huntington, R., The Ultimate in Speed. 93:1,6

Johnson, D., Triple Jump Training Program. 93:4,17

Judge, L., R. Hurst., Using the Dynamic Start in the

Hammer Throw, 93:3,4

Karikosk, OI., T. Toomas., A Study of Middle Distance **Training.** 93:2,2

Kearney, B., Sprints and Sprint Hurdles. 93:1,29

Kernan, J., A Pole Vault Training Area for High Schools & Colleges. 93:4,45

Kipreos, G., Arrangement of Weekly Training Microcycle for the High Jump (Women). 93:4,34

Lancaster, J., Long Jump. 93:4,5 , Triple Jump. 93:4,13

LaPlante, F., The 400 Meter Training. 93:1,18

Lasorsa, B., KSU Track & Field Flexibility Program. 93:3.60 Linthorne, N., Qualifying the Effect of Aerodynamic Drag on Long Jump Performance, 93:4,11

Lyden, R., The Importance of Strength Training for Middle Distance and Distance Runner. 93:2,35 Mann, R., Relays. 93:1,57

McAttee, R., A Variation of PNF Stretching That's Safer and More Effective. 93:4,53

McDonald, G., Suicidal Pacing. 93:2,12

McDonnell, J., Arkansas (Men's) Middle and Long Distance Training: Outdoor Season. 93:2,9

McFarlane, B., An Advanced 'Race Model' for 400m Hurdles (Men), 93:1,47

, An Overview of a Training System: Physical Preparation-5 S's With and Without Hurdles. 93:1,49

, Pool Training...It Works! 93:1,58 , Relay Racing. 93:1,54

McGehee, R., The 100 Kilometer Tarahumara Race, 1926. 93:2.60

McKenzie, J., Running Mechanics for Middle Distance Runners. 93:2,11

McNichols, J., Coaching the Straightaway Hurdles. 93:1,37

Meyers, L., Accepting the Challenge. 93:2,3

Murray, D., Middle Distance Running. 93:2,8

Paolillo, B., Why Use a Curved Approach in the Flop Jump? 93:4,31

Peterson, J., The Partner Leg Press. 93:4,55

Ryun, J., Developing a Miler. 93:2,21

Sloan, R., Mechanics of the Pole Vault. 93:4,38 Understanding the High Jump. 93:4,23

Straub, S., Distance Running. 93:2,10

Takaha, M., Sprinting, 93:1,3

Tansley, J., Teaching the Back-Layout (Flop) Technique. 93:4,24

The High Jump-Coach's Outline. 93:4,22 Turner, P., Developing High School Shot Putter. 93:3,2 Ward, R., P. Ward., Book Review: Encyclopedia of Weight Training, 93:4,62

Weiss, L., Contribution of Rest to Strength Development,

Williams, B., A More Accurate Method for Determining Heart Rate. 93:2,30

Wilson, G., Hurdle Progression Workouts. 93:1,50